

M & L U3A – RESUMING GROUP ACTIVITIES AND RISK ASSESSMENT

Maghull and Lydiate U3a will adhere to the Regulations and Guidance from UK Government in relation to the gradual resumption of some of our activities in line with the ROADMAP OUT OF LOCKDOWN. COVID 19 Response –Spring 2021.

The following information is intended to inform and support Group Leaders in determining when and how their respective group activities may restart in line with the current Regulations, Guidance and Advice.

Certain Outdoor Activity groups have already resumed activity and others have indicated their intention to resume in the coming months.

The next critical date is **May 17th** when 6 people or 2 households can meet indoors. This means that a small U3A Group comprising a Leader and 5 Members could potentially meet indoors to follow their respective activity, unless prevailing regulations make this impractical.

Following on from **May 17th**, the next significant Roadmap date is **June 21st** at that time Committee will review the steps required for Groups to safely reopen indoors, based on Government and Third Age Trust advice. Unfortunately it may not be possible for some groups to reopen immediately.

Any Group Leader wishing to resume the activity of their respective group must inform Maghull and Lydiate U3A Committee in advance to allow Health & Safety to, when necessary, help Group Leaders to review their Group's plans.

Group Members must carry out a [Personal Risk Assessment](#) and be made aware of the Group Leader's Risk Assessment in respect of that particular Group Activity. This is a personal and confidential exercise and need not be shared with the Group Leader.

Group Leaders must carry out a [Group Leader's Risk Assessment](#) for their particular Group Activity and share it with the Group Members. Prior to commencing the activity Group Leaders should then request Group Members to sign a written statement in the following terms:-

Title of Group Activity

- I have read and agree with the Risk Assessment for this activity undertaken by the Group Leader
- I have undertaken a Personal Risk Assessment as per the Personal Risk Assessment Document.
- I agree to observe Social Distancing and comply with all other Government Guidelines and advice for the duration of the activity.
- Having been advised of all relevant matters and the actions both taken on my behalf and required of me to safeguard my personal welfare and that of others

in the Group, I hereby indemnify Maghull and Lydiate U3A and its Officers from and Covid related condition contracted as a result of taking part in this activity.

Even as we might be approaching the end of the current **Legal** restrictions we have to remember that the Coronavirus has not gone away and adherence to the current and any subsequent guidelines will need to be adhered to. These include currently Social Distancing, Wearing of Face Covering where appropriate, Handwashing and Circulation of Fresh Air.

AC / 25.04.2021